



GOLDEN
HARVEST FOOD BANK

Food Drive

MOST WANTED ITEMS



Low sodium
canned veggies



No sugar added
canned fruit



Canned meats
& seafood



Nuts & nut
butters



Whole grain
pasta & rice



Whole grain
cereal & oats



Dried beans,
peas & lentils



Low sugar
jam & jelly

All non-perishable items welcome
Non-glass containers preferred

goldenharvest.org